

ORGANIZER:

SHITO- RYU KARATE-DO KOFUKAN INTERNATIONAL

SHITO-RYU KARATE DO KOFUKAN BULGARIA

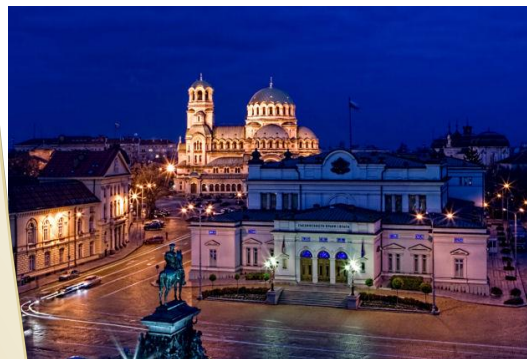
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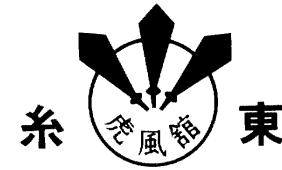
LOCATION:



Sofia is the biggest city and capital of Bulgaria, as well as the 15th biggest city in the European Union with a population of 1,267,098 people (officially registered). It is the major administrative, industrial, transport, cultural and educational centre of the country, concentrating 17 percent of the population and one sixth of the industrial production in Bulgaria. Sofia is a lively and vibrant city, but pleasantly surprises its visitors with the cozy atmosphere, unexpected for a megalopolis. Protected by three mountains, Sofia Kettle enjoys a pleasant temperate continental climate, while its altitude of 550 metres above sea level gives it fourth position among the capitals of Europe. Sofia and the kettle are dominated by Vitosha Mountain. Few capital cities in the world can boast such a beautiful, close and easily accessible nature park.

With its seven thousand-year history, the city is one of the oldest human settlements in Europe, and its numerous historical and architectural monuments harbour the wise messages of centennial cultural experience. The very name of the city, Sofia, has preserved for the generations one of the most beautiful cultural symbols of Christianity – the 'divine wisdom'. Since ancient times the town and its surroundings have been famous for the abundance of hot and cold mineral springs, which still continue to gush into the centre of modern Sofia, accessible to all, and attracting Sofia citizens and the guests of the capital with their numerous healing qualities.

In Sofia it is impossible to be bored. The collection of antiques in the city is nicely combined with many modern concert halls, opera, major national museums, art galleries, theatres, clubs, discos, jazz and underground locales offering exciting experiences for all tastes and preferences. The dynamic development of the city in recent years has provided many amenities for business trips, congress tourism, business meetings and trade shows. Sofia is an excellent place for culinary and wine-tasting tourism. Many modern cafes, bars, bistros and restaurants of varied designs offer an impressive menu list, in which few, if any, of the gourmet specialties of the modern culinary world are absent. Sofia also provides excellent conditions for sport – several stadia and well equipped gyms, outdoor tennis courts, golf courses, spa pools and facilities for horseback riding. And only twenty minutes from downtown, in the great Vitosha Nature Park one can even ski at night...



KOFUKAN WORLD CUP 2016

SOFIA, BULGARIA

APRIL 22-24, 2016

LOOKING FORWARD TO SEE YOU
IN SOFIA!

PROGRAM:

Friday, 22 April, 2016

15:00 approx. Refereeing Meeting
17:00 Delegates' Pre-tournament meeting

Saturday, 23 April, 2016

09:00 TOURNAMENT (Juniors and Seniors – 16 years plus)
12:00 approx. Opening Ceremony & demonstrations

Sunday, 24 April, 2016

09:00 TOURNAMENT (Children and Cadets - under 16 years)
20:00 Tournament party at the hotel

Monday, 25 April Sightseeing , Guided Tour etc....

COMPETITION

REFEREES:

Chief Referee: Steve Coupland (England)

For kata refereeing, senior Dan grades knowing Kofukan kata should be available to participate in refereeing.

For kumite, details of qualified referees attending with member delegations should be notified to the International Secretariat in advance according to its request (a form for completion will be sent out by e-mail); officials should have a valid license. Qualified local officials will also be engaged.

Official referee attire should be worn during the tournament according to WKF guidelines as follows : Navy blazer, grey trousers, white shirt, tie as appropriate (Association, National Referee, International Referee, etc).

All Referees will be provided with food & beverages during the tournament.

AWARDS

For 1st, 2nd and joint 3rd place competitors in individual and Team categories. Receivers of awards must be wearing gi or track suit.

Please note – Awards to prize- winners in 18 + categories will be formal:

+ The national anthem will be played for the prize-winner

Each country should bring its national flag (of about 1.2 x 0.8 meters) and its national anthem on CD. Also this flag will be used during the opening ceremony of the tournament, during the parade of participants.

Please remember - There was a unanimous decision at the International Committee Meeting 2008 that a fine should be imposed for entering an incorrect category. There will be a charge of 10 Euros for each change of category in Under 16 year and 16 year plus events in Kofukan International Championships.

SHITO-RYU KARATE-DO KOFUKAN INTERNATIONAL WORLD CUP RULES & REGULATIONS

GENERAL

Competition will be held on four, five or six tatamis, size according to WKF rules.

The Organizer of the tournament cannot be held responsible for any injury to competitors, spectators or other participants howsoever caused.

ENTRY LIMITS:

❖ Senior (18 years +): Individual Kata and Kumite categories are limited to 7 Male competitors and 7 Female competitors per country;

Team Kata and Kumite categories are limited to 1 Team per country.

❖ 16/17 year and under 16 year: entries are unlimited to Individual Kata and Kumite categories as well as Team Kata and Kumite events.

As agreed at the meeting in 2010, the minimum number normally required to hold a contest in any individual division is 4. If competitor numbers are less than 4 the division will usually be combined with the division above (higher weight).

TEAM EVENTS:

KUMITE

- ❖ Senior (18 years +) Each Male team is 5 competitors plus 2 reserves
Each Female team is 3 competitors plus 1 reserve
- ❖ Junior (16/17 years) Each Male team or Female team is 3 competitors of either 16 or 17 years old plus 1 reserve

All team kumite contents are open weight and height, so coaches must assure that their athletes can tolerate the potential differences

KATA

In all age groups, kata teams are 3-person and can be mixed sex unless otherwise specified.

EQUIPMENT

All participants should wear a white karate gi and have red and blue belts, red and blue mitts, red and blue shin and foot guards. Gum guards are compulsory. Other protection as specified from time to time by the Secretariat.

SHITO-RYU KARATE-DO KOFUKAN INTERNATIONAL

WORLD CUP RULES & REGULATIONS (CNT'D)

AGE

Minimum age for participating is 10 years old in kumite, and 7 years old in kata.

Age on the first day of the competition decides which age category the competitor should enter.

Age categories in under-18 years Kumite may be divided into groups by height and / or weight.

This means that all relevant entries must be made showing height in centimetres and weight in kilos as requested on entry forms.

Then if necessary the groups will be split as fairly as possible.

The Organizer will be dividing competitors by those criteria into the right category and will be checking the authenticity of data on the day of contest, i.e. height measurement/weigh-in.

Please remember - There was a unanimous decision at the International Committee Meeting 2008 that a fine should be imposed for entering an incorrect category. There will be a charge of 10 Euros for each change of category in both Under 16 year and 16 year plus events in Kofukan International Championships.

KUMITE

Delegates agreed at the meeting in 2011 that in Children's kumite the first competitor to gain 6 points will be the winner.

WKF scoring rules will be followed for all other groups in terms of contact, penalties and scoring.

LENGTH OF MATCHES:

Under 16 years Kumite: Time to be decided

16 & 17s Kumite: Time 2 minutes.

Senior Kumite: Time:

- ❖ Female - 2 mins.;
- ❖ Male - 3 mins.



KATA

Using Kofukan Association rules as below

UNDER 16 YEARS KATA:

In individual categories, free choice of kata, but the competitor must perform a different kata in the bronze and the final, than they performed in the previous round.

In team kata, free choice of kata, and the team can perform the same kata throughout the competition. NO BUNKAI REQUIRED.

KATA REQUIREMENTS:

- ❖ For 7 to 13 years: any kata allowed
- ❖ For 14 & 15 years, no Pinan Katas will be allowed
- ❖ Junior (16/17 Year) & Senior (over 18 years) Kata :-

INDIVIDUAL:

- ❖ 1st Round Itosu group (list A below) (Competitors may be required to start with either of these katas)
- ❖ 2nd Round Higaonna group (list B below) (Competitors may be required to start with either of these katas)
- ❖ Then any kata from list A, B or C below.
- ❖ No kata to be repeated within the first 5 rounds.

Please remember- it was decided at the International Committee meeting 2008 that the points system would be used for Junior & Senior Kata for the first 2 rounds to leave 8 competitors. These then to be judged by the knockout flag system. If there are only 8 or less in any group, they will go immediately to the knockout rounds.

JUNIOR & SENIOR TEAM KATA:

As the Senior Championship is an elite event, Kata Team members of 16 years and above should be of good standard. Due to low entries in recent years, Junior and Senior Kata Team entries must be advised to the Secretariat by 20 January, 2016, so that an early decision can be made as to whether these Kata Team categories can go ahead. Please note that Junior Teams can only consist of 16 & 17 year old competitors and Senior Teams can only consist of competitors of 18 years and above (no mixing of Junior and Senior members in one team). The same kata can be repeated in every round, from list A, B or C below. NO BUNKAI REQUIRED

KATA LIST A: ITOSU

Bassai-Dai, Bassai-Sho, Kosokun-Dai, Kosokun-Sho, Shiho-Kosokun, Jitte, Jiin, Jion, Wanshu, Matsukaze (Wankan), Rohai-Shodan, Rohai-Nidan, Rohai-Sandan, Chinto, Chintei, Useishi

KATA LIST B: HIGAONNA

Saifa, Seienchin, Seisan, Seipai, Sanseiru, Shissochin, Kururunfa, Suparinpai

KATA LIST C: OTHER

Niseishi, Sochin, Unshu, Koshiki-Rohai, Annanko, Shinpa, Juroku, Nipapo, Matsumura- no-Bassai, Tomari-Bassai, Matsumura-no- Seisan, Chatan'yara-no-Kosokun, Anan, Heiku, Paiku, Pachu

COMPETITION CATEGORIES:

JUNIOR & SENIOR EVENTS (16 YEARS +)

TEAM KATA SENIORS (18 yrs and above)

TEAM KATA JUNIORS (16/17 years)

Senior Female Individual Kata (18 yrs and above)

Senior Male Individual Kata (18 yrs and above)

Junior Female Individual Kata (16/17 years)

Junior Male Individual Kata (16/17 years)

Female senior Individual Kumite - under 50 kg

Female senior Individual Kumite - under 55 kg

Female senior Individual Kumite - under 61 kg

Female senior Individual Kumite – 61 kg and above

Male senior Individual Kumite - Under 67 kg

Male senior Individual Kumite - Under 75 kg

Male senior Individual Kumite – Under 84 kg

Male senior Individual Kumite – 84 kg and above

Female Senior Kumite – Team (3 + 1) 1 Team per country

Male Senior Kumite – Team (5 + 2) 1 Team per country

Junior Female Individual Kumite (16/17 years) Divided by weight

Junior Male Individual Kumite (16/17 years) Divided by weight

Female Junior Kumite – Team (3 + 1)

Male Junior Kumite – Team (3 + 1)

COMPETITION CATEGORIES:

UNDER 16 YEAR EVENTS

TEAM KATA (15 Years or younger) mixed, unlimited number of entries

Girls Individual Kata - Under 10 yrs

Girls Individual Kata - 10 yrs

Girls Individual Kata - 11/12 yrs

Girls Individual Kata - 13 yrs

Cadet Girls Individual Kata - 14/15 yrs

Boys Individual Kata Under 10 yrs

Boys Individual Kata - 10 yrs

Boys Individual Kata - 11/12 yrs

Boys Individual Kata - 13 yrs

Cadet Boys Individual Kata - 14/15 yrs

Girls Kumite - 10/11 yrs

Girls Kumite - 12/13 yrs

Cadet Girls Kumite - 14/15 yrs

Boys Kumite - 10/11 yrs

Boys Kumite - 12/13 yrs

Cadet Boys Kumite - 14/15 yrs

(No team kumite)

N.B. We reserve the right to change categories if necessary

TRAVEL AND ACCOMODATION

PARTY & LEISURE.



COMPETITION OFFICIAL HOTELS:
Park Hotel Vitosha

<http://www.vitoshaparkhotel.com/index.php?lang=en>

Hotel VEGA

<http://www.hotelvegasofia.bg/en/index.html>

ARENA TRANSFER:

5 EURO/PERSON
FOR TWO DAYS

ENTRY FEES:

One event: 30 EURO/person

Two events: 50 EURO/person

Team: 60 EURO/ Team

VISA AND ENTRY REQUIREMENTS:

In general, visitors from the following countries do not need a visa to enter Bulgaria: Andorra, Australia, Austria, Belgium, Brazil, Brunei, Canada, Chile, Costa Rica, Croatia, Cyprus, Czech Republic, Denmark, El Salvador, Estonia, Finland, France, Germany, Greece, Guatemala, Honduras, Hungary, Iceland, Ireland, Israel, Italy, Japan, Latvia, Liechtenstein, Malta, Lithuania, Luxembourg, Malaysia, Mexico, Monaco, Netherlands, New Zealand, Nicaragua, Norway, Panama, Paraguay, Poland, Portugal, Republic of Korea, Romania, San Marino, Singapore, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, UK (British Citizen Passport Holders and British Nationals /Overseas/ only), USA, Uruguay, the Vatican, Venezuela, SAR - China (Hong Kong, Makao) All holders of passports from countries not mentioned in the list above need visas to enter Bulgaria.



KOFUKAN BULGARIA will send an official invitation on request to all participants that need a visa and will assist in all procedures the best possible way.

ACCOMODATION PRICES:

All prices are arranged especially for the event, based on Bed & Breakfast accommodation and include: Buffet breakfast, full Internet access in the hotel and the guests' rooms - wireless, free use of the fitness hall, tourist charge, insurance, 9% VAT. All rooms are additionally equipped with coffee and tea maker, complimentary mineral water.

Additional buffet dinner at cost of **15 EURO per person** could be arranged upon request.

ROOM TYPE:	PRICE PER ROOM:
SINGLE	45 EURO
DOUBLE/ TWIN	50 EURO
TRIPLE	55 EURO

AIRPORT TRANSFERS:

For your comfort and safety, we recommend the services of the taxi operator OK Supertrans AD as contractual partner of Sofia Airport

We are in process of arranging a special fixed fee to and from the hotels, but you should expect no more than EURO 10/ per taxi being able to accommodate 2-4 passengers depending on luggage

Public transport service is available, but not as convenient.

For each group arriving, there will be a KOFUKAN Bulgaria member to meet, greet and guide as appropriate.

More info here:

<https://www.sofia-airport.bg/en/passengers/and-airport>

FAREWELL PARTY: Self service buffet at Park Hotel Vitosha, with DJ, band and a lot of fun and dancing!

Note: Alcoholic beverages will not be served to people under 18 years old!

COST: 30 EURO/PERSON

ENTERTAINMENT ONE DAY TOUR (Upon request)

SOFIA SIGHTSEEING, RILA MONASTERY AND BACK

Rila Monastery - the most exquisite example of monastery art and architecture of Bulgaria. The monastery is definitely a must-see if you are a tourist with a free day in Sofia. Rila Monastery is one of the symbols of Bulgaria and is also a popular tourist destination. The monastery lies in the recesses of Rila Mountain, between Rilska and Drushlyavitsa Rivers, at 1147 m above mean sea level. It is located about 120 km away from Sofia and 41 km away from Blagoevgrad.



COST OF THE TRIP: 35 EURO/PERSON AND INCLUDES:

Transportation, lunch, coffee breaks, VAT, parking fees, English speaking guide. Admission fees of approximately 5 EURO/ person, not included.

Minimum number of people - 35

ENTERTAINMENT THREE DAY TOUR (Upon request)

SOFIA- PLOVDIV- KARDZALI- KAZANLAK- VELIKO TARNOVO- SOFIA

Plovdiv is not only the second biggest town in Bulgaria, but also a personal favorite of Phillip, the father of Alexander the Great. You will visit the famous Old Town and the ancient Roman amphitheatre. In Kardzali a visit to a sacred place is planned- the sanctuary Thracian town of Perperikon, the largest megalith ensemble in the Balkans.

A visit to some of the well known monuments and Tsarevets - the castles of the Old Bulgarian rulers is planned in Veliko Tarnovo. Later a visit to Arbanassi - national historical and architectural reserve with a view to the hills of Tzarevetz and Trapezitza, four kilometers from Veliko Turnovo will follow. It is distinguished for its impressive houses and churches with rich interior decoration, woodcarving, and mural paintings created in XVI - XVII century



TRIP COST: 270 EURO/PERSON AND INCLUDES:

- ❖ 2 overnights in hotels 3* or 4* on Full Board (lunches and dinners in recommended traditional or modern restaurants along the trip)
- ❖ Guide during the whole trip
- ❖ Entrance fees
- ❖ All services mentioned in the program
- ❖ All transfers according to the program with a luxury air-conditioned bus

DEADLINES:

- ❖ Approximate number of participants and type of accommodation: December 20th , 2015
- ❖ Final hotel booking: March 1st , 2016
- ❖ Final party booking: March 1st , 2016
- ❖ Tour booking: January 31st, 2016
- ❖ Final Entries: March 25th, 2016 (but January 20th, 2016 for 16+ Team Kata)

PAYMENT:

ALL PAYMENTS MUST BE IN ORDER BEFORE THE EVENT.

DEADLINE FOR TRANSFERRING MONEY FOR PAYMENT TO KOFUKAN BULGARIA IS: **MARCH 1ST, 2016**

TO BE PAID TO KOFUKAN BULGARIA:-

EACH COUNTRY ORGANISER SHOULD PAY FOR THE ENTIRE DELEGATION: COMPETITION ENTRIES; PARTY; TRANSPORTATION (ARENA-HOTEL); IF RELEVANT, GUIDED TOURS.

*AFTER INITIAL RESERVATIONS ARE DONE THROUGH KOFUKAN BULGARIA, BOTH HOTELS WILL PROVIDE DIRECT LINKS FOR FINAL BOOKING AND PAYMENTS AT THE AGREED PRICES.

PAYMENT DETAILS

ACCOUNT NAME: KARATE KLUB KOFUKAN BULGARIA
ACCOUNT NR: 02/0000000023109422
IBAN: BG51STSA93000023109422
SWIFT: STSABGSF
BANK NAME: DSK BANK, KALOYAN BRANCH
BANK ADDRESS: 1 TZAR KALOYAN STREET, 1000 SOFIA , BULGARIA
CURRENCY: EUR
PAYMENT REFERENCE: KWC 2016 - < COUNTRY NAME >. ENTRIES #, PARTY #, SHUTTLE BUS #,
SIGHTSEEING #

ORGANIZING COMMEETTEE:

TZVETAN TRENTCHEV, SVETOSLAV VITKOV, NEDIALKA STANCHEVA, DANCHO CHETALBASHEV, FIDANKA BOTCHEVA